



Annual Report 2017-2018

St . Leonard's Place Peel



Transformation

it's how we care



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Overview

St. Leonard's Place Peel (SLPP) is a non-profit charitable organization that provides transitional and reintegration housing for men dealing with situations of homelessness, mental illness, addiction and/or conflict with the law. For 50 years SLPP has delivered a variety of programs and services that provide residents with a safe and healing environment where they can rebuild their lives, maintain their wellness, and reintegrate back into society.

Mission Statement

St. Leonard's Place Peel is committed to community safety and inclusion by providing support and services to individuals at risk in a residential facility with a family-like atmosphere promoting belonging, dignity, nourishment, education, and employment opportunities.

Vision

We will be an innovative leader committed to building safe and healthier communities of inclusion that care for and value each and every individual.

President's Report

ANNUAL REPORT 2017 - 2018

A Year In Review



2017/2018 was a year of tremendous growth and change for SLPP. In the earlier part of the year, the agency identified the need to enhance living accommodation to men exiting the prison system with complex medical needs. This led to the addition of 'medical beds' with complementary health related supports. The spring of 2017 also saw the introduction of SLPP's "10 Dimensions of Care"; a new case management approach that standardized client care across all the agency's residential programs.

In the summer of 2017 Christopher McIntosh, SLPP's Executive Director of 3½ years announced his resignation from the agency. Christopher's legacy includes the implementation of solid operational and team based infrastructures. For three months the leadership gap was filled by Tasha-Chivaun Williams who is thanked for her support during this time.

The fall began with a flurry of activity starting with the launch of FAME – a Region of Peel funded initiative that offers job development and financial literacy programming to SLPP residents. For the first time, day programs such as life skills, health and wellness as well as recreational therapy programming were offered to residents.

The theme of exciting new beginnings continued well into the fall with the announcement of SLPP's new Executive Director Shelly Redman. Shelly holds an extensive background in both healthcare and business management. In the first three months of Shelly's arrival, she developed a Nurse Practitioner led Model of service to meet the needs of medically complex residents who comprise 86% of the agency's client base. During this time, she enhanced the delivery of frontline services by adding two Master Degree Social Workers with significant mental health backgrounds.

Additional milestones achieved over the next three months included the acquisition of telemedicine as well as partnership with a local forensic psychiatry program.

Progress continued into the spring of 2018 with the completion of a newly renovated dining room, gymnasium and work studio for Care Coordinators. In early spring the Region of Peel confirmed funding for the implementation of another new program "H.A.R.P." which focuses on housing access and retention for men with high and complex needs. The program, led by two social workers, covers Brampton and Mississauga areas.

Our many accomplishments in 2017-2018 has laid the foundation for continued greatness in the upcoming year. Thank you to all SLPP staff, Board members, funders, partners and community supports who contributed to this very transformative year.



**ST. LEONARD'S
PLACE**

it's how we care

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Tasha-Chivaun Williams
Director of Operations & Strategic Initiatives

Ben Nguyen
Director of Finance

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Supervisor of Direct Services

Thomas Partridge
Supervisor of Direct Services

Resident Programs

Community Residential Facility (CRF) Program

SLPP Operates a 75 bed Community Residential Facility program for men exiting the prison system. This past year 158 men began their reintegration back into society at SLPP. 6% were men living with severe mental health and/or complex medical conditions. Our supportive housing and wraparound resources provided each new arrival with a full orientation to the agency, a customized care plan centered on their safe reintegration back into society, as well as on site medical and psychiatric supports and daily access to capacity building programs.



Sir Robert Williams House - 33 Beds
Resident Profile: Federal Parolees

New Leaf Residential Program

New Leaf is a two year program that offers 18 beds to adult men in the community coping with situations of homelessness due to mental illness and/or addictions. This past year the New Leaf program was accessed by 24 men. This past year, 45% of clients graduated successfully by moving on to stable housing having addressed their mental health and/or addiction issues. Approximately 32% did not complete the program as a result of a severe psychotic episode or substance dependency relapse that led to prolonged hospitalization. SLPP's Nurse Practitioner led model being implemented is expected to optimize program outcomes for this population by providing the right care at the right time.



Rotary Resolve House - 28 Beds
Resident Profile: Homeless/Mental Illness

Graduate Residential Program

This program is for New Leaf graduates age 50 years and older in need of assisted living. The program provided housing to 24 men this past year. Prior to the implementation of new programs, a renovated dining area and workout facility many of these clients lived in isolation from each other. Today, the new changes have brought about a greater sense of community as demonstrated by a significant increase in social interaction between clients and their involvement in agency activities.



Richard and Joan Brown Home - 54 Beds
Resident Profile: Mixed Population

Client Stories

Kenny

When Kenny came to live in the SLPP residence, he was nervous and scarred by his experience in prison. After spending almost 5 years in both federal and provincial institutions, he had experiences which he never imagined happened outside what he had seen in the movies.

Kenny grew up with his Mother and his Grandmother in the Peel Region. Life was difficult when he was young due to his Mother's struggles with drug addiction. He moved back and forth between homes, and life was often unstable and chaotic. When he was young, he started working in computers and online sales to make ends meet. It was a job he was good at and enjoyed, however, one thing led to another and he ended up working in the drug trade. This is what led to his incarceration.

While inside prison, Kenny kept to himself to avoid trouble. He made sure to utilize the many programs and services they offered to help with reintegration upon release. He obtained his GED and kept himself busy with classes in cognitive skills, stress management and various life skills.

Upon release, Kenny came to St. Leonard's Place. He considered himself fortunate, as he had heard that some halfway houses were just like prisons. He was happy this wasn't the case at SLPP. The supportive staff, and the programming, have helped him with his anxiety and with reintegration back into the community.

He now has plans to return to school for computers and business management. He is looking forward to the future and grateful for that second chance.



Dave

When Dave was down and out in at a shelter, he was recommended SLPP as a place to live for an alcohol and drug free environment. He came to a point in his life where he really needed help due to his struggles with addiction. "I like the friendly environment at SLPP. Having Alcohol Anonymous and Narcotics Anonymous right in the house is a bonus because I wouldn't go out into the community otherwise."

Dave found the staff to be supportive, helping him with stability and structure that keeps him away from his addiction issues. "I know I can't come back here high or drunk. That's the main benefit of this place for me. I know if I was alone in my apartment at the end of a bad day, it would be so easy to go to the beer store and then that leads to the next level. Here, it's not even an option and that's why it really works for me."



Capacity Building Programs

Recreational Therapy Program:

SLPP's Therapeutic Recreation has really grown in popularity throughout the past year. The RTP utilizes functional intervention, education, and recreational programming to enable clients with physical, cognitive, emotional, and social limitations to acquire the skills, knowledge, and behaviours that will allow them to function optimally and participate as fully as possible in society.

In 2017-2018 the program was accessed by 112 residents with 63% showing marked improvement in the following areas:

- Improving physical and cognitive abilities
- Increasing confidence and self-esteem
- Fostering greater involvement in the community
- Strengthen interpersonal skills and relationships
- Realize the benefits of a healthy leisure lifestyle

Access to the new fitness center has helped clients to achieve their fitness goals. The 30 Day Challenge has become quite successful in engaging a number of regular participants. Participating clients have completed the challenge over three times, each time increasing their level of difficulty. Since the program's launch, more than 75% of participants have shown improvement in mental, physical, and/or social health.



Ed, a 30 Day Challenge Participant

Ed has completed his third round of the 30 day challenge. He attends five days a week and has made significant leaps in his fitness routine. "With losing weight," he says, "I am able to complete walks on my own to the bank or grocery store, which I couldn't do a year ago." Now he doesn't sit in his room alone as much anymore. He mingles with clients and staff, and also takes cooking classes which are important lessons when residents transition to living on their own.

FAME:

The Financial Literacy and Meaningful Employment Program (FAME) was launched in September of 2017 to assist SLPP clients in optimizing the prospect of independent living through customized employment and financial education opportunities. The aim of FAME is to help New Leaf and Graduate program clients reach their goals of independent living through employment and financial literacy. The program works by first assessing the client's level of employability and financial accountability, followed by one-on-one counselling and group education to build job securement and money management capacity.

In the short time since its launch, FAME has made tremendous strides by offering over 15 capacity building workshops focused on employment and financial literacy and the opening of a Employment and Financial Literacy Resource Centre. Since its implementation 92% of clients have accessed the program and are attending workshops regularly with 21% having secured jobs.



Terrance, FAME Client

Terrance always had a strong desire to work, but often found it difficult due to challenges with mental health. When he first started with the FAME program he found it difficult to participate and find the motivation to step outside of his comfort zone, even if that was just gardening on the SLPP landscape. However, after a year of support, training and motivation, Terrance has secured full-time employment within a distribution company. He is thrilled with his employment and wishes to continue working with them long-term. Furthermore, the employer has reported that Terrance is one of the best workers on staff, and they hope that he continues working with them.

New Programs and Initiatives

New Programs in 2017-2018:

This year SLPP introduced a variety of new programs and activities. These changes were made in consultation with residents as part of SLPP's new "Resident Engagement Committee," a committee comprised of 6 residents who meet monthly to discuss residential culture, resident engagement, recreation, hygiene and effective communication.

New programs implemented include:

- INVICTUS – a substance dependency program.
- LIFE SKILLS – helps clients build abilities and behaviors that support a better quality of life.
- DIABETES WORKSHOPS – provides education and practical tips of how to manage or prevent the onset of diabetes.
- RECREATIONAL THERAPY– provides exercise and recreation sport activities.
- HARP (Housing Access and Retention Program) - Providing housing services and resources that address chronic homelessness for adult males in the Region of Peel.

SLPP aspires to be a leader among supportive and transitional housing providers. A number of new strategies and initiatives were implemented toward this goal.

Implementation of SLPP's Medical / Nurse Practitioner Led Model	Implementation of 10 Dimensions of Care	Implementation of Healthy Living initiative
<p>Given the significant support needs in the areas of mental health and medical care, the agency has made efforts to strengthen and expand its practice within these areas in 2017-2018. This involved adding a Nurse Practitioner to SLPP's "Health Team" who provides primary health care to clients with complex medical conditions. The Nurse Practitioner will lead the development and implementation of health clinics for residents, as well as coordinate multidisciplinary care.</p>	<p>SLPP has recently implemented "10 Dimensions of Care", a new service model that offers a best practice strategy toward building client capacity within 10 prescribed domains of self-actualization and development. The model incorporates a care plan shared among a multidisciplinary team of counsellors, psychiatry, medical professionals, support and housing workers. The care plan is an innovative tool that identifies and prioritizes clients who score high in key areas of risk. These clients are connected to a "care team" who work intensely with the client to address their risk factors until they improve. The tool supports data collection by tracking the reintegration and recovery goals of each client at key intervals of care.</p>	<p>In 2018-2018, SLPP has made significant changes to our facility and programming, to create an environment that focuses on health & wellness, community, inclusion and safety. Since approximately 60% of SLPP's client population live with complex and/or chronic medical condition. To support residents in their health and wellness goals this past year, SLPP implemented the following initiatives:</p> <ul style="list-style-type: none">• A health conscious meal service.• Newly renovated Gymnasium with new workout equipment.• Health Team led by Nurse Practitioner.• Cooking classes: Prioritized for clients transitioning into independent living• Smoking Cessation Program: In 2018, SLPP became a fully smoke free facility. To help with the transition, smoking cessation supports were provided.

Partnership Highlight

Hosting the Inaugural ICCA Conference

SLPP proudly hosted 2018 “A United Voice for Corrections Forum” presented by ICCA (International Community Corrections Association) - Ontario Chapter. This was the Ontario chapter’s inaugural event, drawing over 60 participants from across Ontario. The forum featured training and informational workshops on the topic of “The Opioid Crisis” and “The Impact of Aging on Work in Community Corrections”.

The conference’s keynote address was delivered by the Independent Advisor on Correctional Reform in Ontario – Mr. Howard Sapers. Howard led an informative overview of his work involving Bill 195; a Bill that aims to make a number of transformational changes in approaches to corrections. Howard was also the recipient of this year’s ICCA Presidents Award. ICCA President Ellen Donnarumma from Community Resources for Justice in Boston presented Howard with the award and acknowledged his leadership in the field of correctional services. Mr. Saper’s long-standing dedication to the sector and its work was described as “a moving force in Provincial Correctional Reform”.

The conference concluded with a presentation and closing remarks by Perry Mason, a former Municipal Police Officer - who spoke passionately about restorative approaches to justice in our communities. Perry shared many experiences of international work with youth as well as his own personal family story to inspire our work. For more information about ICCA visit www.iccalive.org.



Our Primary Funders:



United Way
Peel Region

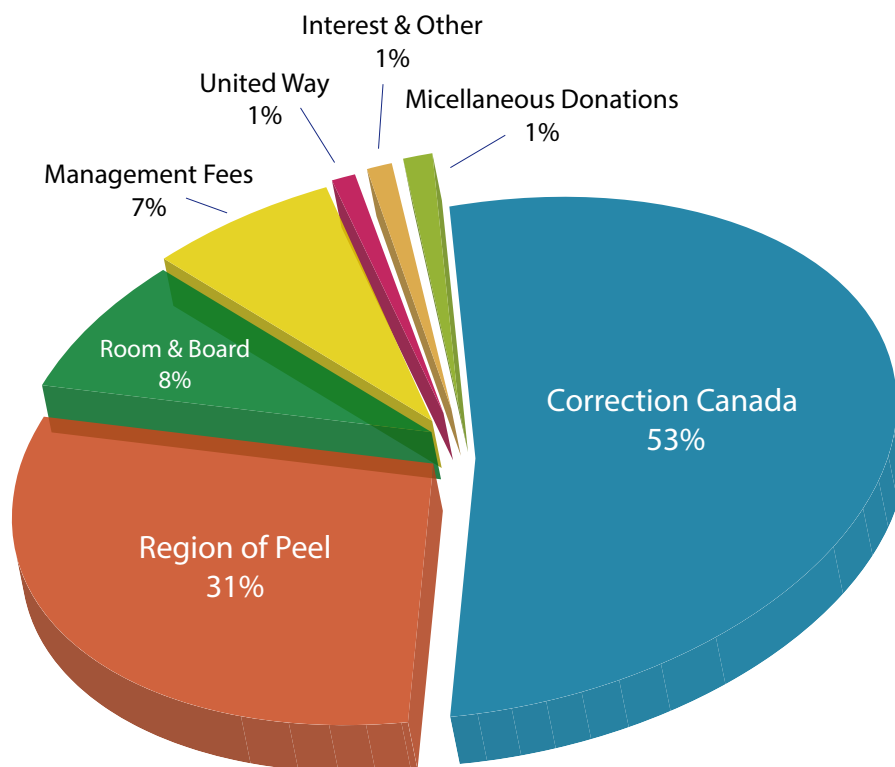
Partners and Supporters:



Financial Report

Fiscal Year 2017 - 2018 - April 1 to March 21

Revenue	
Corrections Canada	\$2,715,850
Region of Peel	1,586,042
Room and Board	399,648
Management Fees	370,700
United Way	68,500
Interest and Other	16,500
Miscellaneous Donations	3,000
Total	5,160,240



Contributions in Action in 2017-2018



217
Residents served



70
People received employment assistance



18,000
Meals served



100
Served in the medical program



75
Beds provided for reintegration



25
Participated in recreational therapy



45%
Of New Leaf clients graduated
by moving on to stable housing.



24
Men received housing through the
Graduate Program



Thank You

SLPP could not offer our many programs and services without the dedication and commitment of our supporters who help us to make an extraordinary difference in the lives of those who rely on us the most. We are very grateful for your support.



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